

**Office of the Schools Division
Superintendent**

DIVISION MEMORANDUM

No. 0583 s. 2026

**REGIONAL TRAINING OF FACILITATORS ON KATATAGAN PLUS:
COMMUNITY-BASED MENTAL HEALTH PROGRAM**

To: OIC – Assistant Schools Division Superintendent
Chief Education Supervisors - CID and SGOD
Education Program Supervisors and Public Schools District Supervisors
Public Elementary and Secondary School School Heads
All Others Concerned

1. For the information and guidance of all concerned, attached is a Regional Memorandum No. 502, s. 2026, dated June 29, 2026 relative to the aforementioned subject, the content of which is self-explanatory.

2. Participants of the said training are the following:

NAME	POSITION	SCHOOL
Micah Dianne Margret M. Padrinao, RN	Nurse II/Mental Health Focal Person	SDO Valenzuela
Adelaine P. Javate, DMD	Dentist II/ Head-HNS	SDO Valenzuela
Rowena O. Santos, RN	Nurse II	SDO Valenzuela
Rhett Ryan M. Catada	Registered Guidance Counselor	Gen T. de Leon National High School

3. Immediate and wide dissemination of this Memorandum is desired.

NOEL D. BAGANO
Schools Division Superintendent

Encl.: As stated
References: NONE
To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION

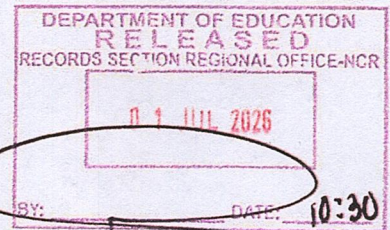
TRAINING

APJ/DM-REGIONAL TRAINING OF FACILITATORS ON KATATAGAN PLUS:COMMUNITY-BASED MENTAL HEALTH PROGRAM/RTFKPCBMHP

/ July 16, 2026



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

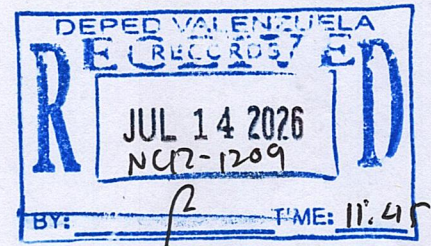


June 29, 2026

REGIONAL MEMORANDUM

No. 502, s. 2026

To: Schools Division Superintendents
School Health Personnel
All Others Concerned



**REGIONAL TRAINING OF FACILITATORS ON KATATAGAN PLUS:
COMMUNITY-BASED MENTAL HEALTH PROGRAM**

1. This is to announce that this office, through the Education Support Services Division—School Health and Nutrition Unit, will conduct a 3-day training on Katatagan Plus, a psychoeducational tool for developing resilience in adolescents and young adults, which will be held on August 18-20, 2026, in DepEd NEAP NCR, Marikina City.
2. Pursuant to the mandate of R.A. 11036 or the Mental Health Act, this initiative under the School-Based Mental Health Program, aims to train school personnel to become facilitators of Katatagan Plus by equipping them with the required competencies and skills in community-based mental health and psychosocial intervention.
3. Relative to this, the following personnel are required to attend the activity:

TECHNICAL WORKING GROUP			
	Name	Designation	RO/SDO
1.	CONNIE GEPANAYAO, MD, FPPS	MEDICAL OFFICER IV	RO
2.	LOUISE IVY MILLONA, RPM	TA I - SHNU SMHP	RO
COACHES			
	Name	Designation	RO/SDO
1.	VICTOR NOELL LANGIT, MD	MEDICAL OFFICER III	Caloocan
2.	MICAH DIANNE MARGRET PADRINAO, RN	NURSE II	Valenzuela
PARTICIPANTS			
	Name	Designation	RO/SDO
1.	MERLINO MATEO, DMD, MPA	Dentist III	RO
2.	LYKA LAGUNERO, RND	Technical Assistant II	RO
3.	SHANEL MAE MEJIA, MD	Medical Officer III	Caloocan



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

4.	LANI GRACE AGARIN, RN	Nurse II	Caloocan
5.	XYRA MARIE BRONIA, RN	Nurse II	Las Piñas
6.	LENY FE INSIGNE, RN	Nurse II	Las Piñas
7.	JOAN BAJADO	Guidance Advocate	Las Piñas/ LPCNSHS - Golden Acres Campus
8.	BIANCA CHLOE BONIFACIO	Guidance Advocate	Las Piñas/ Las Piñas NHS Almanza
9.	LEA TORIO, RN	Nurse II	Makati
10.	RHEA VILLAFRANCA, DMD	Dentist II	Malabon
11.	CARINA SAMARITA, RN	Nurse II	Malabon
12.	LORETA CRUZ, DMD	Dentist II	Manila
13.	JOY CRIS NUÑEZ, RN	Nurse II	Manila
14.	KATHLEEN VALENZUELA, RGC	Guidance Counselor	Manila/ Abad Santos HS
15.	JUNILORD TORMES, RN	Nurse II	Marikina
16.	MARIELLE ANN AGUIRRE, RN	Nurse II	Marikina
17.	MARICEL SUBIDA, DMD	Dentist II	Muntinlupa
18.	JULIUS MACARANAS, RGC	Guidance Counselor	Muntinlupa/ Tunasan NHS
19.	VERNA LIZA RAMONA	Guidance Advocate	Muntinlupa/ Muntinlupa NHS
20.	AVA VIVO	Guidance Advocate	Muntinlupa/ Putatan ES
21.	CHARISSE ANN CASUGA, RN	Nurse II	Mandaluyong
22.	KHYLA ANDREA FRANCIO, RN	Nurse II	Mandaluyong
23.	ANNA GRACE JOY ONAYAN, RN	Nurse II	Navotas
24.	MARIA OLIVA C. CALIMAG	Guidance Counselor	Navotas
25.	NATASHA ANN CASTILLO, RN	Nurse II	Pasay
26.	ESPERANZA QUIJANO, RN	Nurse II	Pasay
27.	SHIERENE RAQUIPO, RGC	Guidance Counselor	Pasay/ Pasay City West HS
28.	PAULINE DAUBA, RPSY	Psychologist I	Pasay/ Philippine School for the Deaf
29.	GENE PAUL ESPERIDON, RN	Nurse II	Pasig
30.	DIANNE MARGARET CUISON, RN	Nurse II	Pasig
31.	ELMER CORSINO, RN	Nurse II	TaPat
32.	JEFFREY QUIMBO, RN	Nurse II	Parañaque
33.	GLIZELDA LEI DEVEZA, RN	Nurse II	Parañaque
34.	ELEANOR B. BUDUAN, RGC	Guidance Counselor III	Parañaque/ Parañaque NHS
35.	LOIDA R. NACIONAL, RGC	Guidance Counselor III	Parañaque/ Dr. Arcadio Santos NHS
36.	KEREN KEZIAH L. ESPINA, MD	Medical Officer III	San Juan
37.	MARY ANN THERESA CAINGAT, RN	Nurse II	San Juan



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

38.	EMELINE RAGASA, RN	Nurse II	Quezon City/ Commonwealth HS
39.	TRICIA PARAISO	Guidance Coordinator	Quezon City/ Quezon City Science HS
40.	ADELAINA JAVATE, DMD	Dentist II	Valenzuela
41.	ROWENA SANTOS, RN	Nurse II	Valenzuela
42.	RHETT RYAN CATADA, RGC	Guidance Counselor	Valenzuela

4. Participants are required to confirm their attendance through this link:
<https://tinyurl.com/DepEdNCRKatataganPlus26>.
5. For reference, attached is the program of activity. We would also like to remind everyone to bring their own laptops/tablets and personal extension outlets for the simulations.
6. For clarifications, kindly contact Dr. Connie P. Gepanayao, Medical Officer IV at 0918-941-1154 or email hnu.ncr@deped.gov.ph.
7. For information and guidance of all concerned.


RITA E. RIDDLE

OIC-Assistant Regional Director
Officer-in-Charge, Office of the Regional Director

Katatagan Plus Program of Activity

August 18-20, 2026

DepEd NEAP NCR, Marikina City

DAY 1	
Time	Activity/Topic
7:30 AM – 8:00 AM	Arrival and registration of the participants
8:00 AM – 8:30 AM	Opening Program -Preliminaries -Welcome Remarks -Introduction to the training -Presentation of Indicative Program of Activities -Leveling of Expectations
8:30 AM – 8:45 AM	Pre-test
8:45 AM – 9:15 AM	Mental Health Literacy
9:15 AM – 10:00 AM	Health Break
10:00 AM – 10:30 AM	Lecture: Understanding Mental Health & Disorders
10:30 AM – 12:00 NN	Lecture: Understanding Suicide - CSSRS
12:00 NN – 1:00 PM	Lunch Break
1:00 PM – 2:00 PM	Mental Health First Aid – ALGEE-OARS
2:00 PM – 3:00 PM	MHFA Simulation – Role Playing
3:00 PM – 3:30 PM	Health Break
3:30 PM – 4:00 PM	Introduction to Katatagan Plus – Program Overview
4:00 PM – 5:00 PM	Katatagan Plus Module 1 – Simulation
DAY 2	
Time	Activity/Topic
8:00 AM – 9:00 AM	Katatagan Plus Module 2 – Simulation
9:00 AM – 9:30 AM	Health Break
9:30 AM – 11:00 AM	Katatagan Plus Module 3 – Simulation
11:00 AM – 12:30 NN	Katatagan Plus Module 4 – Simulation
12:30 NN – 1:30 PM	Lunch Break
1:30 PM – 3:00 PM	Katatagan Plus Module 5 – Simulation
3:00 PM – 3:30 PM	Health Break
3:30 PM – 5:00 PM	Katatagan Plus Module 6 – Simulation
DAY 3	
Time	Activity/Topic
8:00 AM – 9:00 AM	Katatagan Plus Module 7 – Simulation
9:00 AM – 10:00 AM	Katatagan Plus Module 8 – Simulation
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 PM	Lecture: Caring for Carers
12:00 NN – 1:00 PM	Lunch Break
1:30 PM – 2:30 PM	Integration of Learnings
2:30 PM – 3:30 PM	Post-test/Evaluation
3:30 PM – 4:30 PM	Evaluation of Simulations
4:30 PM – 5:00 PM	Closing Program