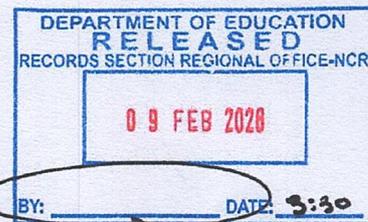




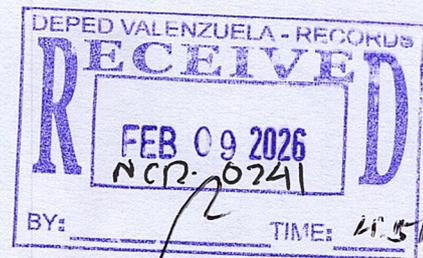
Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION



February 6, 2026

REGIONAL MEMORANDUM
No. 115, s. 2026

To: Schools Division Superintendent
All Others Concerned



**CONDUCT OF SCHOOL VALIDATION FOR THE OPLAN KALUSUGAN SA
DEPED—HEALTHY LEARNING INSTITUTIONS IN NCR**

1. This is with reference to the attached Letter from Dr. Lester M. Tan, MPH, MSc, CESO III, Director IV, Department of Health—Metro Manila Center for Health Development, dated January 30, 2026, relative to the above-captioned subject, contents of which are self-explanatory, for information and appropriate action.
2. Immediate dissemination of this Memorandum is desired.

JOCELYN DR ANDAYA
Regional Director, NCR
Concurrent Officer-In-Charge, Office
of the Assistant Secretary for Operations



Address: Misamis St., Bago Bantay, Quezon City Email
address: ncr@deped.gov.ph
Website: depedncr.com.ph





Republic of the Philippines
DEPARTMENT OF HEALTH
Metro Manila Center for Health Development



January 30, 2026

DR. JOCELYN D.R. ANDAYA
Regional Director DepEd NCR
concurrent Officer in Charge, Office of the
Assistant Secretary for Operations
Misamis St., Bago Bantay, Quezon City

Dear **Dr. Andaya**,

Pursuant to Republic Act 11223 (Universal Health Care Act), which recognizes schools as key settings for promoting healthy behaviors, the Department of Health (DOH), in partnership with national education agencies, implements Joint Administrative Order No. 2022-0001 ("Guidelines on Healthy Settings Framework in Healthy Learning Institutions") to protect and promote the health and well-being of all.

In support of this policy, the Metro Manila Center for Health Development (MMCHD), through its Health Promotion Section, will conduct school validations across the National Capital Region (NCR) for the Oplan Kalusugan sa DepEd-Healthy Learning Institutions (OKD-HLI) certification. This initiative provides technical assistance and recognizes schools that meet the standards of healthy learning institutions, particularly those with completed School Self-Appraisal Checklists (SAC) with corresponding Means of Verification (MOVs), accomplishments reports, and best practices.

Relative to this, we would like to invite representatives from the Schools Division Office in the NCR to assist in facilitating the school validations. The school validation is scheduled to commence on February 1, 2026 to November 30, 2026. The detailed validation schedules shall be issued through official advisories.

For concerns and queries, you may contact Mr. Reginald V. Santiago at 0912-230-8649 or email hpulhsd.dohmcr@gmail.com.

Thank you very much.

Sincerely,


LESTER M. TAN, MD, MPH, MSc, CESO III
Director IV