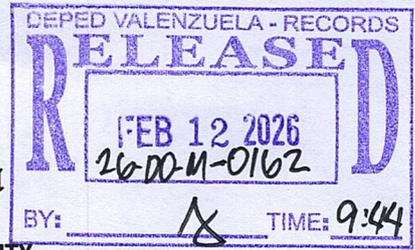




DepEd ICT Unit
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Republic of the Philippines
Department of Education
 NATIONAL CAPITAL REGION
 SCHOOLS DIVISION OFFICE OF VALENZUELA CITY



**Office of the Schools Division
 Superintendent**

DIVISION MEMORANDUM
 No. 0155, s. 2026

**ANNUAL PHYSICAL EXAMINATION OF TEACHING, TEACHING-RELATED
 AND NON-TEACHING/DIVISION PERSONNEL**

To: OIC- Assistant Schools Division Superintendent
 Chief Education Supervisors – CID and SGOD
 Education Program Supervisors and Public Schools District Supervisors
 Public Elementary and Secondary School Heads
 All Others Concerned

1. For the information and guidance of all concerned, pursuant to DepEd Order No. 22, s. 2015 entitled “Annual Physical Examination of Teaching, Teaching-Related and Non-Teaching/Division Personnel” and as per RA 11223 or the Universal Health Care Act and it’s implementing Rules and Regulations, all teaching and non-teaching personnel are required to undergo annual physical examination.
2. The following diagnostic tests shall be required (a) Chest X-Ray (PA view), (b) Complete Blood Count (CBC), (c) Urinalysis.
3. Deadline of submission of consolidated report is on or before May 29, 2026.
4. Immediate and wide dissemination of this Memorandum is desired.

NOEL D. BAGANO
 Schools Division Superintendent

Encl: as stated
 Reference: None
 To be indicated in the Perpetual Index
 Under the following index:

HEALTH PHYSICAL EXAMINATION

APJ/SGOD/DM – ANNUAL PHYSICAL EXAMINATION OF TEACHING, TEACHING-RELATED
 AND NON-TEACHING/DIVISION PERSONNEL
 _____/February 5, 2026



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